## VPM'S R.Z. SHAH COLLEGE OF ARTS, SCIENCE & COMMERCE



MITHAGAR ROAD, MULUND EAST, MUMBAI- 400081

NATIONAL SERVICE SCHEME

## "NOT ME BUT YOU"

## Free Health Check- Up Camp

Date: 30/09/22

Time: 10am to 4:30 pm

NSS Unit of VPM's R Z Shah College conducted a Free Health Check Up camp in the college premises with Jeevanurja Foundation and Unicare Health Center, Mulund. The camp was for everyone. It included Blood Pressure, Joint Pain, Diabetes, Asthma, CBC, BMI, ECG on Doctor's Advice, Eye Vision Check, Piles, Thyroid, Weakness. 18 teaching staff, 59 students, and 6 non-teaching staff. With the help and guidance from our program Officers Dr. Mangesh Sawant and Prof. Seema Ughade, the event was a great success.



NSS Programme Officer